



Southeast Family YMCA Child Watch Rules

AGES	Infants Gym: 6 weeks-3 years old Big Kids Gym: 3 years -7 years (must be potty-trained and not in pull-ups)
HOURS	Monday-Thursday: 8am-1pm, 3-8pm Friday: 8am-1pm, 3-7pm Saturday: 8am-1pm Sunday: 2-5pm

GENERAL RULES

- **The Child Watch is designed for the use of members while in the facility.** Children must be included on their parent's membership to have access to the Child Watch area. Please do not leave the facility while your child is in our care – a parent must be on the premises at all times.
- **Children will be signed in and out at the Child Watch counter.** Only adults listed on the child's membership are may pick up and drop off a child. Any other adult dropping off and picking up a child must be pre-authorized by the parent and have necessary documentation on file.
- **Parents are not allowed in the Child Watch center.** *Under State and Federal mandated regulation, no adult may enter the Child Watch without proper background checks & screenings.* This is for the safety of all children & staff members and is a YMCA Best Practice
- **Electronics or toys from home are not permitted in Child watch.**
- **For children not potty trained,** we ask that they are brought in a clean diaper/pull-up with extra diapers & wipes and a change of clothes. Children not potty-trained are not allowed in the Zone area.
- **Please make sure your child is fed prior to entering the Child Watch.** Children are welcome to bring healthy snacks and juice! **SNACKS MUST NOT CONTAIN NUTS OR NUT PRODUCTS.** Child watch staff are allowed to give bottles to infants and spoon feed them as long as instructions are given by parent.
- **Please ensure that you adhere to the time limit of 2 hours.**
- **We must be able to reach you while your child is in our care.** You must stay in the building and let staff know where you will be located in the case childwatch staff needs to find you.
- **Discipline is handled on a case by case basis according to the age and maturity of each child.** Redirection and time out will be used as behavior management tools. Should a child have consistent behavior issues that affect the safety of other children or themselves, they will not be permitted in the Child Watch area until the issue is fully resolved. A parent conference may be required.
- **Sick children are not allowed in Child Watch at any time.** If your child has a fever, cough, rash, green mucus or anything else potentially contagious, we ask that they do not enter Child Watch until they are well. Your child must be fever free for 24 hours before returning to Childwatch. If they develop any of these symptoms while in Child Watch, the staff will come to notify you immediately that your child needs to be picked up.
- **If your child cries, screams, or is clearly anxious or distraught for longer than 15 minutes, the parent will be notified immediately.** We want all of the children to enjoy their experience in the Child Watch; however it can be traumatic for some to leave their parent. We will do all we can to soothe your child and make them comfortable, but we cannot continually hold a child, leaving others unattended.
- **Please notify us if your child has special needs or allergies.** We want to make sure we can accommodate and serve you and your child the best way possible.
- **Please label all your child's belongings.** Label all bags, cups, bottles, and snacks with your child's name.

If you have questions or concerns please contact Sammantha Watson, Childwatch coordinator by email at sammantha.watson@ymcahuntsville.org or phone at 256-883-9622.