



Indoor Pool Schedule

HOGAN FAMILY YMCA

July 6– Current

- This schedule is subject to change based on program needs
- Reserve session at ymcahuntsville.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30a-7:15a Lap Swim 4 Lap Lanes	5:30a-7:15a Lap Swim 4 Lap Lanes	5:30a-7:15a Lap Swim 4 Lap Lanes	5:30a-7:15a Lap Swim 4 Lap Lanes	5:30a-7:15a Lap Swim 4 Lap Lanes		
7:30a-8:45a Lap Swim 4 Lap Lanes	7:30a-8:45a Lap Swim 4 Lap Lanes	7:30a-8:45a Lap Swim 4 Lap Lanes	7:30a-8:45a Lap Swim 4 Lap Lanes	7:30a-8:45a Lap Swim 4 Lap Lanes	7:30a-8:45a Lap Swim 4 Lap Lanes	
9:00a-10:00a Water Aerobics No Lap Lanes	9:00a-10:00a Water Aerobics No Lap Lanes	9:00a-10:00a Water Aerobics No Lap Lanes	9:00a-10:00a Water Aerobics No Lap Lanes	9:00a-10:00a Water Aerobics No Lap Lanes	9:00a-10:00a Water Aerobics No Lap Lanes	
11:00a-12:45p Lap Swim 4 Lap Lanes	11:00a-12:45p Lap Swim 4 Lap Lanes	11:00a-12:45p Lap Swim 4 Lap Lanes	11:00a-12:45p Lap Swim 4 Lap Lanes	11:00a-12:45p Lap Swim 4 Lap Lanes	10:30a-11:45a Lap Swim 4 Lap Lanes	
1:00p-2:45p Open Swim 2 Lap Lanes	1:00p-2:45p Open Swim 2 Lap Lanes	1:00p-2:45p Open Swim 2 Lap Lanes	1:00p-2:45p Open Swim 2 Lap Lanes	1:00p-2:45p Open Swim 2 Lap Lanes	12:00p-1:15p Lap Swim 4 Lap Lanes	12:00p-1:15p Lap Swim 4 Lap Lanes
3:00p-4:45p Open Swim 2 Lap Lanes	3:00p-4:45p Open Swim 2 Lap Lanes	3:00p-4:45p Open Swim 2 Lap Lanes	3:00p-4:45p Open Swim 2 Lap Lanes	3:00p-4:45p Open Swim 2 Lap Lanes	1:30p-2:45p Lap Swim 4 Lap Lanes	1:30p-2:45p Lap Swim 4 Lap Lanes
5:00p-6:45p Open Swim 2 Lap Lanes	5:00p-6:45p Open Swim 2 Lap Lanes	5:00p-6:45p Open Swim 2 Lap Lanes	5:00p-6:45p Open Swim 2 Lap Lanes	5:00p-6:45p Open Swim 2 Lap Lanes	3:00p-4:15p Lap Swim 4 Lap Lanes	3:00p-4:45p Lap Swim 4 Lap Lanes
7:00p-8:45p Open Swim 2 Lap Lanes	7:00p-8:45p Open Swim 2 Lap Lanes	7:00p-8:45p Open Swim 2 Lap Lanes	7:00p-8:45p Open Swim 2 Lap Lanes	7:00p-8:45p Open Swim 2 Lap Lanes	4:30p-5:45p Lap Swim 4 Lap Lanes	