



RESET Bingo FAQs

What is it?

Play the weekly BINGO Board during the RESET Challenge to help you work towards building your Healthy Habit and win prizes in the process!

How do I fill out my board?

Online: Download the board from Stronglife.org (available beginning Feb. 13)

Option 1: Click your completed items and save to your computer OR screenshot the board to save your progress!

Option 2: Use an online PDF editor to mark off your squares

- <https://www.pdfescape.com>

Mobile:

Option 1: Click your completed items and screenshot the board to save your progress!

Option 2: Save the BINGO Board to your phone as an image and use an editor app to mark off the board

- Instagram
- Snapchat
- Photos Markup tool

Print: Print off your board and mark it off with a pen, pencil, or marker!

What do I do when I get BINGO?

- BINGO is 5 in a row: Horizontally, vertically, or diagonally
- Visit this link & fill out this brief form to enter to win: bit.ly/3Gn4KuY

How will I know if I won the prize?

We will notify the winners on the Monday of the following week and then mail you your prize!

Can I win more than once?

You cannot win a weekly BINGO prize more than once, however everyone that gets BINGO and fills out the submission form will be entered to win the GRAND PRIZE

What are the prizes?

Weekly BINGO Prizes: \$50 Gift Card (5 winners per week)

Grand Prize: Workout Training Duffel Bag, Hydro Flask Water Bottle, Workout LogBook, \$150 Dick's Sporting Goods Gift Card (1 winner per region of the USA, [see rules for details](#))